

Calgary College of Holistic Health & Clinics Inc.



MAILING ADDRESS ONLY

(For registration and information)
412 Silver Valley Rd. N.W.
Calgary, Alberta, Canada T3B 4B9
Tel: (403) 288-4511

www.cchh.ca

TEACHING LOCATION ONLY

(No mail delivery)
University of Calgary
Kinesiology Complex
2500 University Drive N.W.
Calgary, Alberta

Advanced Massage Techniques and Rehabilitation Seminar Series



These seminars have been developed to further your understanding of common chronic conditions and sport injuries. You will learn how to accurately identify conditions and treat them with confidence.

I will show you the most effective techniques that have been used by soft tissue therapists and medical professionals for years. We will also discuss rehabilitation options, such as strengthening, stability, nutrition, neural facilitation, etc.

The seminar will consist of both lecture and practical instruction, including hands-on practicum on trained instructors.

Course Content

- Technique Protocols
- Physiology
- Pathology
- Chronic Conditions
- Sport Injuries
- Nutrition
- Sports Massage
- PNF Stretching
- Rehab Exercises
- Injury Prevention
- Sports Massage

Dates:

Lower Body - Advanced

February 18 & 19, 2012 (Sat&Sun)
9:00am - 3:00pm

Head, Neck & Spine - Advanced

March 17, 18, 2012 (Sat&Sun)
9:00am - 3:00pm

Upper Body - Advanced

April 14 & 15, 2012 (Sat&Sun)
9:00am - 3:00pm

SEMINAR REGISTRATION FORM

Name _____ Telephone _____ E-mail _____

Address, Postal Code, City _____

Please register me for the following class: (circle)

◇ Upper Body

◇ Lower Body

◇ Head Neck & Spine

Seminar Cost: \$275 (each seminar)

Please make certified Cheque or Money Order, (do not send cash by mail) payable to:
"Calgary College of Holistic Health & Clinics Inc." Payment can also be sent by Visa or Master Card

Name on Credit Card: _____ Credit Card #: _____ Expiry: _____

Signature _____ Date _____

Note: Seminars available through the Calgary College of Health and Clinics Inc. are intended for continuing education as a result of public demand. They are NOT part of the courses licensed under the Private Vocational Schools Act, nor are they offered as a part of the University of Calgary curriculum.